



MONDAY A	TUESDAY A	WEDNESDAY B	THURSDAY B	FRIDAY R	SATURDAY C
				There are no classes on Fridays at the SC school	<b>BBC Weapon &amp; Special Training</b> 10:15-11:00am
				Students are welcome to attend the AV school on Fridays (Schedule Below)	<b>White – Blue</b> All Ages 11:00-11:45am
<b>White Belt</b> Little Ninjas 3:00-3:30pm	<b>Introductory class for New Students</b> 3:00-3:30pm	<b>White Belt</b> Little Ninjas 3:00-3:30pm	<b>Introductory class for New Students</b> 3:00-3:30pm	<b>Make Up Class</b> for Little Ninjas (All Belts) 3:00-3:30pm	<b>Brown &amp; Above</b> All Ages 11:45-12:30pm
<b>Brown- Rec. Black</b> Juniors 3:30-4:15pm	<b>High White- Orange</b> LN & Juniors 3:30- 4:15pm	<b>Brown- Rec. Black</b> Juniors 3:30-4:15pm	<b>High White- Orange</b> LN & Juniors 3:30- 4:15pm	<b>BBC Weapon &amp; Special Training</b> 3:30-4:15pm	Private Lessons & Classes (Appointment only)
<b>Master Club Black Belts</b> 4:15-5:00pm	<b>Green - (H) Blue</b> LN & Juniors 4:15-5:00pm	<b>Master Club Black Belts</b> 4:15-5:00pm	<b>Green - (H) Blue</b> LN & Juniors 4:15-5:00pm	Poomsae Team 4:15-5:15pm	
<b>High White- Orange</b> LN & Juniors 5:00-5:45pm	<b>White Belt</b> LN & Juniors 5:00-5:30pm	<b>High White- Orange</b> LN & Juniors 5:00-5:45pm	<b>White Belt</b> LN & Juniors 5:00-5:30pm	Sparring & Leadership Team 5:15-6:15pm	
<b>Introductory class for New Students</b> 5:45-6:15pm	<b>Brown- Rec. Black</b> Juniors 5:30-6:15pm	<b>Poomsae and Sparring Team</b> 5:45-6:15pm	<b>Brown- Rec. Black</b> Juniors 5:30-6:15pm	<b>Rec. Black and Adv. Degree</b> Prep Class 6:15-7:15pm	
<b>Green- (H) Blue</b> LN & Juniors 6:15-7:00pm	<b>Master Club Black Belts</b> 6:15-7:00pm	<b>Green- (H) Blue</b> LN & Juniors 6:15-7:00pm	<b>Master Club Black Belts</b> 6:15-7:00pm		
<b>Adults &amp; Teens All Belts</b> 7:00-7:45pm	Private Lessons & Classes (Appointment only)	<b>Adults &amp; Teens All Belts</b> 7:00-7:45pm	Private Lessons & Classes (Appointment only)		

Little Ninjas LN (Ages 4-6)

Juniors (Ages 7-12)

Teens & Adults (Ages 13 & Older)

Arrive 5 - 10 minutes prior to your scheduled class. (PLEASE DO NOT DISTURB THE CLASS IN SESSION.)

“A Days” Lesson taught on Mon. will be the same on Tues.

“B Days” Lesson taught on Wed. will be the same on Thurs.

“C Days” Review of lessons taught on A & B Days.

“R Day” Advanced classes for students **recommended** by an Instructor.