



**STARTING September 10th**

MONDAY A	TUESDAY A	WEDNESDAY B	THURSDAY B	FRIDAY R	SATURDAY C
				There are <b>no classes</b> on Fridays at the S.C. Studio.	<b>BBC Weapon &amp; Special Training</b> 10:15-11:00am
<b>White Belts</b> 3:30-4:00pm	<b>1st Introductory class for New Students</b> 3:30-4:00pm (Private Classes)	<b>White Belts</b> 3:30-4:00pm	<b>1st Introductory class for New Students</b> 3:30-4:00pm (Private Classes)	<i>Students are welcome to attend the Aliso Viejo Academy on Fridays (Schedule Below)</i>	<b>White-Blue</b> All Ages 11:00-11:45am
<b>Green-Black St.</b> Little Ninjas & Juniors 4:00-4:45pm	<b>Yellow- Orange</b> Little Ninjas & Juniors 4:00-4:45pm	<b>Green-Black St.</b> Little Ninjas & Juniors 4:00-4:45pm	<b>Yellow- Orange</b> Little Ninjas & Juniors 4:00-4:45pm	<b>BBC Weapon &amp; Special Training</b> 3:30-4:15pm	<b>Brown &amp; Above</b> All Ages 11:45-12:30pm
<b>Rec. Black-Black Belts</b> 4:45-5:30pm	<b>Green-Black St.</b> Little Ninjas & Juniors 4:45-5:30pm	<b>Rec. Black-Black Belts</b> 4:45-5:30pm	<b>Green-Black St.</b> Little Ninjas & Juniors 4:45-5:30pm	Poomsae & Leadership Team 4:15-5:00pm	Private Lessons & Birthday Parties
<b>1st Introductory class for New Students</b> 5:30-6:00pm (Private Classes)	<b>White Belts</b> 5:30-6:00pm	<b>Sparring &amp; Poomsae Team</b> 5:30-6:00pm	<b>White Belts</b> 5:30-6:00pm	Sparring & LN Demo Team 5:00-6:00pm	
<b>Yellow- Orange</b> Little Ninjas & Juniors 6:00-6:45pm	<b>Green-Black St.</b> Little Ninjas & Juniors 6:00-6:45pm	<b>Yellow- Orange</b> Little Ninjas & Juniors 6:00-6:45pm	<b>Green-Black St.</b> Little Ninjas & Juniors 6:00-6:45pm	<b>Rec. Black</b> Prep Class Aliso Viejo Studio 6:00-7:00pm (when scheduled)	
<b>Adults &amp; Teens</b> All Belts 6:45-7:30pm	<b>Rec. Black-Black Belts</b> 6:45-7:30pm	<b>Adults &amp; Teens</b> All Belts 6:45-7:30pm	<b>Rec. Black-Black Belts</b> 6:45-7:30pm	Instructor Class (Invite Only) 7:00-8:15pm	

**Little Ninjas (Ages 3-6) Juniors (Ages 7-12) Teens & Adults (Ages 13 & Older)**

Arrive 5 - 10 minutes prior to your scheduled class. (PLEASE DO NOT DISTURB THE CLASS IN SESSION.)

“A Days” Lesson taught on Mon. will be the same on Tues.

“B Days” Lesson taught on Wed. will be the same on Thurs.

“C Days” Review of lessons taught on A & B Days.

“R Day” Advanced classes for students **recommended** by an Instructor.